**Table 1: Demographics of Participants**

|  |
| --- |
| Location |
| Vredendal, West Coast (Rural) | 8 |
| Hangberg, Hout Bay (Urban) | 8 |
| Imizamo Yethu, Hout Bay, (Urban) | 8 |
| Gender |
| Male  | 4 |
| Female | 20 |
| Race |
| Coloured | 17 |
| Black African | 5 |
| Other | 2 |
| Home Language |
| Afrikaans | 14 |
| IsiXhosa | 8 |
| English  | 2 |

**Table 2: BEST Programme Activities**

|  |  |  |  |
| --- | --- | --- | --- |
| **Therapeutic Interventions** | **School Based Interventions** | **Family Based Interventions** | **Community Based Interventions** |
| * Breakthrough Camp

• Group Therapy • Individual Therapy • Family Therapy  | * Life Skills
* Educational Support
* Sport and Recreation
* Classroom Interventions
* School Liaison
 | * Father’s Group
* Fathers Camp
* Home Visits
* Concrete

Support* Proactive Parenting
 | * Awareness Campaigns

(1 community-based campaign and 1 School based campaign)  |