**Table 1: Demographics of Participants**

|  |  |
| --- | --- |
| Location | |
| Vredendal, West Coast (Rural) | 8 |
| Hangberg, Hout Bay (Urban) | 8 |
| Imizamo Yethu, Hout Bay, (Urban) | 8 |
| Gender | |
| Male | 4 |
| Female | 20 |
| Race | |
| Coloured | 17 |
| Black African | 5 |
| Other | 2 |
| Home Language | |
| Afrikaans | 14 |
| IsiXhosa | 8 |
| English | 2 |

**Table 2: BEST Programme Activities**

|  |  |  |  |
| --- | --- | --- | --- |
| **Therapeutic Interventions** | **School Based Interventions** | **Family Based Interventions** | **Community Based Interventions** |
| * Breakthrough Camp   • Group Therapy  • Individual Therapy  • Family Therapy | * Life Skills * Educational Support * Sport and Recreation * Classroom Interventions * School Liaison | * Father’s Group * Fathers Camp * Home Visits * Concrete   Support   * Proactive Parenting | * Awareness Campaigns   (1 community-based campaign and 1 School based campaign) |